



Clinical Academic Training Fellowships

Interested – What next?

If you are interested in an academic career you should discuss this with an academic clinician. You might also wish to discuss with other trainees pursuing an academic career or within research.

You might find it helpful when you meet with someone to structure your career planning and decision making to consider the following four stages:

► Self assessment (History)

Explore your own career values, motivating factors, preferences, personal strengths and limitations.

► Career exploration (Examination)

Look at the other options, gather information, undertake research and network with people already in the discipline.

► Decision making (Investigation & Diagnosis)

Home in on your career choice, look at your attributes against the career roles

► Plan implementation (Treatment plan)

Perform detailed research into available posts, CV review, complete applications, prepare for interview.

Further Information

Wales Deanery:
www.walesdeanery.org

School Contacts

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A career in Academic Medicine & Dentistry

Academic Medicine and Dentistry offers a mix of clinical medicine, research and teaching. This allows progression within a clinical and specialty of interest along with the potential to lead world class research and contribute and lead teaching programmes within Medicine & Dentistry.

Is a career as a Clinical Academic for me?

A career combining clinical medicine, research and teaching might be for you if you are:

- ▶ Interested in basic and clinical research
- ▶ Enjoy teaching
- ▶ Enjoy writing
- ▶ Are looking for a career with a mix
- ▶ Keen to progress to consultant level in a specialty of your choice

Is my 'track record' appropriate for Academic Medicine?

Motivation and enthusiasm for research and teaching are the most important attributes to pursue a career in Academic Medicine and Dentistry.

Other useful attributes include some:

- ▶ Exposure to medical research
- ▶ An intercalated degree
- ▶ Publications
- ▶ Teaching experience
- ▶ Previous academic exposure (F1/F2)

Welsh Clinical Academic Training (WCAT) Fellowships

WCAT offers training for young doctors to be the future leaders in Clinical, Health and Biomedical Science within Wales. WCAT offers:-

- ▶ Clinical training in any Speciality to CCT level
- ▶ The trainee to arrange a suitable three-year research project with the aim of a PhD
- ▶ Simultaneous training in Clinical and Academic research
- ▶ Development of teaching skills
- ▶ All specialities are included
- ▶ Current universities involved in the scheme include Bangor, Cardiff, Swansea and Wrexham

How will I be supported?

- ▶ During the WCAT you will be expected to identify an educational and research supervisor to plan, oversee and support you from the start
- ▶ You will be allocated study leave as for other trainees
- ▶ An annual review of competency progression (ARCP) will be undertaken by the deanery
- ▶ Networking will be encouraged with other WCAT trainees
- ▶ Managing your own time and taking your own lead and initiative will be encouraged

How do I apply for WCAT?

Applicants are invited to apply in the December prior to commencing the fellowship the following August.

The fellowship is designed for trainees at CT1 or ST1, and for CT/ST2. Previous academic experience is encouraged.

Application will be by structured questionnaire and interview.

A full list of university research departments contributing to research within the programme can be obtained from the deanery.

Research opportunities are available in basic science, clinical science, Health Informatics, Epidemiology, Education and many more areas.

What happens after WCAT?

On completion of training WCAT graduates would be expected to continue within Academic Medicine & Dentistry and to become research and teaching leaders within Wales.

You would be expected to create successful grant applications and progress within your field of interest.

Your aim would be to become a senior clinical lecturer and subsequently gain promotion to professor.