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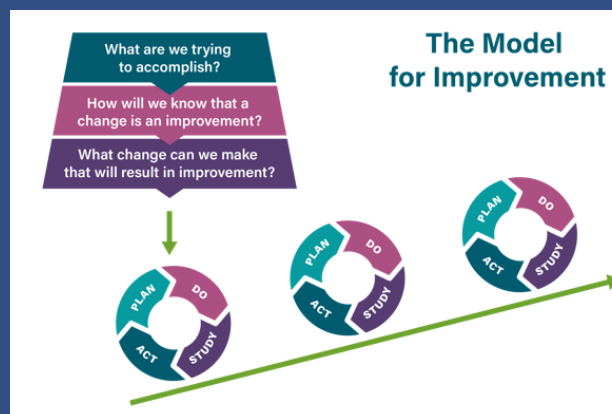
# Quality Improvement Skills Training (QIST)

The Quality Improvement Skills Training (QIST) Programme works in partnership with Improvement Cymru to develop and deliver a unique QI training programme for Wales.

The QIST programme provides high quality training in the principles of QI for healthcare professionals. It supports a range of e-learning, virtual and face-to-face QI training opportunities and resources.

Quality Improvement methodology equips healthcare professionals with the knowledge and skills that can be used to implement real time changes, to enhance health services and the learning environment.

The QIST programme content is mapped against the individual requirements of the relevant training curricula, to support successful progression through the stages of training.



## QIST Programme 2021/2022

### IQT Bronze

Bronze IQT is a concise e-learning module produced by Improvement Cymru that introduces the core concepts that underpin QI. The Bronze IQT e-learning module can be accessed at: <https://iqt.wales.nhs.uk>

### QIST Fundamentals of Improvement

This is a half-day introduction to the principles of QI for individuals who are new to improvement. The workshop builds on the Bronze IQT e-learning module and enables learners to describe quality improvement theories and methodologies.

### QIST Improvement in Practice Workshop (formerly Silver IQT)

This is a project focused two-day interactive QI workshop programme, that builds on the understanding gained from the Fundamentals of Improvement workshop. As part of the workshop, individuals have access to training resources and practical guidance to enable them to lead a local QI project.

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# What is Quality Improvement?

## Feedback and Testimonials

"Highly recommend it. Content was delivered in an engaging format and it was easy to see how it could relate to examples in my own work area"

"This is the best training I have been on in a long time"

"Well structured, interactive, with approachable and friendly course leaders. It has helped me to plan my project in a more time effective and structured way"

"Well broken down into manageable chunks and interesting content. Clearly invested tutors. Refreshing to see!"

"It was a good succinct overview of the processes required to perform a good QI project"

## FAQs

**What QI training is available for trainers or educational supervisors in Wales?**

The QIST Fundamentals of Improvement workshops for Educational Supervisors/Trainers includes specialty specific guidance for supporting and mentoring individuals with QI activities. Trainers are also able to attend the two-day Improvement in Practice workshop.

**Do I have to attend both days of the Improvement in Practice workshop?**

Yes, to complete the Improvement in Practice workshop programme, delegates must attend both day 1 and day 2 of the same workshop.

**Is it possible to get accreditation for completing Improvement in Practice?**

Yes. Individuals will receive an attendance certificate following completion of the workshop programme. To gain accreditation at Improvement in Practice level, individuals will need to complete a QI project as part of the programme. The completed project can be submitted to the QIST Team for assessment. If your project meets the assessment criteria, you will be awarded with Improvement in Practice accreditation.

**Is ongoing QI support available after attending workshops?**

Yes. In addition to the materials that can be found in our resource library, we also offer one-to-one QI project support with one of the QIST Tutors as part of the Fundamentals of Improvement and the Improvement in Practice workshop programmes. This can be arranged by contacting the QIST Team on the above email address.

## Further Information & Resources

For the latest information on the QIST programme and to register your interest in undertaking QI training, please email [HEIW.QIST@wales.nhs.uk](mailto:HEIW.QIST@wales.nhs.uk)

For QI resources, please visit our QIST Resource Library on the HEIW Leadership Portal, Gwella:  
Repository - Gwella HEIW Leadership Portal for Wales

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